

NOTE: The map displayed in this document serves as a reference aid only. The boundaries and names shown and the designations used on it do not imply official endorsement or acceptance by the United Nations.

- * UN Population Database (2010)
- ** UNICEF Country Statistics (2010)
- *** CIA The World Factbook (2010)

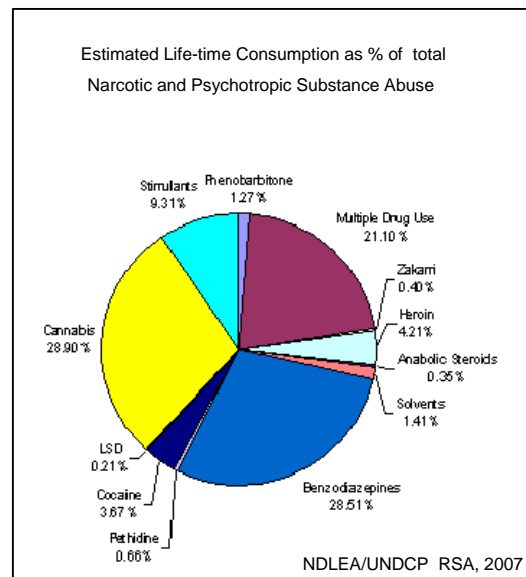
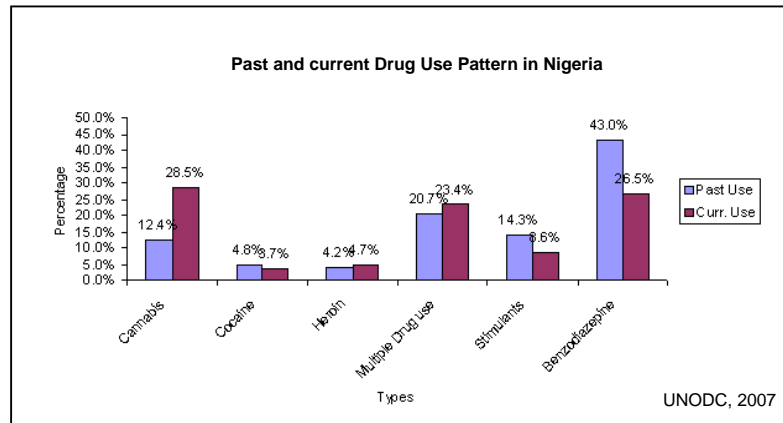
National Focal Point

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Drug Abuse and Drug Dependence Treatment Situation

According to UNODC data for the year 2007:

- The estimated lifetime consumption of cannabis among the population is 10.8%, followed by psychotropic substances like benzodiazepines and amphetamine-type stimulants (10.6%), heroin (1.6%) and cocaine (1.4%) in both urban and rural areas.
- Drug abuse appears to be more common among males (94.2%) than females (5.8%).
- The age of first use is 10 - 29 years.
- The use of volatile organic solvents (0.53%) is widely spread among the street children, in-school youth and women.
- Multiple drug use happens nationwide (7.88%) to varying degrees.
- The abuse local plants includes smoking of PawPaw leaves and the seeds of 'Zakami' (Datura metel), which grows in most of the North Western and North Central regions.
- For both organic solvents and multiple drug use, there is greater prevalence in the rural than urban areas.
- Modes of drug intake are through smoking (cannabis), inhalation or sniffing (organic solvents, cocaine, heroin), chewing (local leaves or 'Zakami') and licking or swallowing (psychotropic drugs).
- The general poverty level increases the pressure for survival and at the same time the vulnerability of street children
- Especially commercial sex workers, labourers, commercial drivers and law enforcement agents believe that narcotics increase their energy for long working hours.
- According to a recent WHO/FMOH/University of Ilorin study on drug abuse in Lagos/Nigeria, Injecting Drug Use (IDU) is now common among street youth or 'area Boys'.



Drug dependence treatment situation:

- There are 19 medical sites in Nigeria offering drug dependence treatment.
- Seven of these centres participated in the needs assessment survey.
- At the seven participating rehabilitation centres there are 255 beds available for drug dependence treatment.
- The duration of treatment varies between 90 days, 3 months, 6month and one year.
- Between July 2008 and June 2009, 355 new clients were admitted.
- At 4 of the 7 centres, the treatment services are divided into phases or stages.
- At 4 of the 7 detoxification is practised.
- At 4 of the 7 relapse prevention is included.
- At 4 of the 7 drug dependence treatment entails aftercare resp. social reinsertion.
- One of the seven centres offers Social Work and Spiritual Care.

All centres combine medical and psychiatric treatment. At least moderate emphasis is put on individual psychotherapy, supportive individual counselling, Family therapy and relapse prevention. Some centres offer group therapy. None of the centres prescribes methadone or other substitution drugs as part of their treatment plan. All prescribe antipsychotic, antidepressant and antimanic agent for co-morbid mental problems.

At all centres, the assessment of clients includes psychiatric and educational/vocational history, criminal activities, family functioning and social support along with alcohol and drug abuse history. All centres carry out psychological tests, urinalysis and HIV testing as well as Hepatitis B and C tests.

In the course of the year 2009, 50-83% of all clients completed their treatment for drug dependence successfully, 0-35% had premature discharges and 0-11% dropped out, while 0-20% absconded from admission. The most common reason for premature termination were financial constraints followed by the use of illicit drugs out of the premises.

HIV/AIDS Situation

According to UNAIDS Epidemiological Fact Sheet on HIV and AIDS (2008):

- Estimated number of people living with HIV: 2,600,000
- Adults aged 15 to 49 prevalence rate: 3.1%
- Adults aged 15 and up living with HIV: 2,400,000
- Women aged 15 and up living with HIV: 1,400,000
- Children aged 0 to 14 living with HIV: 220,000
- Deaths due to AIDS: 170,000
- Orphans due to AIDS aged 0 to 17: 1,200,000

According to the UNODC (2007), the HIV epidemic has now crossed the 5.0% prevalence mark. The highest prevalence rate of HIV/AIDS is in the young age group of 12 -24 years.

Treatment situation according to the UNAIDS Country Progress Report (2009):

- There were 160 sites offering antiretroviral treatment (ART) in December 2006.
- By March 2007 the number of ART sites had increased to 210.
- By September 2007 the number of ART sites had increased to 215.

In the course of the year 2009 the national government of Nigeria announced the Free ARV Treatment Policy (2006) at all public institutions as well as free delivery services for HIV positive pregnant women in federal health institutions. Among the key policy documents and guidelines issued, there is also the National Gender Policy postulating greater gender perspective in the national response. The National OVC Policy will guide OVC activities for the next 5 years, the National Blood Transfusion Policy (2006) seeks to ensure the quality of blood and blood products. Finally, the government defined specific treatment guidelines in the National Policy on Injection Safety and Health Care Waste Management (2007).

Training of Trainers

The Regional Training of Trainers (TOT) on TREATNET II training package for Sub-Saharan African region, was successfully completed and it took place in Mombasa, Kenya, between the 4th and 17th, October 2009. In this ToT a total of **50 trainers** were trained 3 different Volumes.

Current Status*	Volume A	Volume B	Volume C
Trainers	2	2	2

* Activity Report GLO/J71 (July 2010)

Medical staff at the 7 participating treatment centres comprises the following employees:

- General Medical Practitioners
- Psychiatrists
- Psychiatric nurses
- Clinical psychologist
- Vocational and occupational therapist
- Laboratory staff
- Social workers
- Counsellors
- Clinical psychologist

All the investigated units offer some type of in-service training in the unit and supervision. However, none of the units boasts staff with formal university or formal non-university based courses in drug addiction.

National Counterparts

- Ministries of Health (Health and Medical Services)
- Civil Society Organisations
- National Campaign Against Drug Abuse Authority (NACADAA)
- Prisons Services
- The Joint UN Team on AIDS (UNODC, WHO, UNAIDS, Civil Society and Government Officials)
- National AIDS & STIs Control Programme (NASCOP)

Academic Institutions

University of Ilorin

Treatment Centre Details

SN	Institution	Contact person	Geopolitical zone
1	National Hospital, Department of Psychiatry Central Business District Phase II Abuja Phone: +23496725984	Name: Olusola.T. Ephraim-Oluwanuga Position: Consultant Psychiatrist/Head of Dept. E-mail: auntysola@yahoo.com Phone: +2348033262921	North Central
2	Substance Abuse Treatment & Rehabilitation Centre Vom Chirstian Hospital Premises P.M.B. 07 Vom, Plateau State. E-mail: satrcvom@gmail.com Phone: +234 805 135 3152 , +234 803 889 0000.	Name: Dr. Audu Moses. Position: Project Director E-mail: mosesaudu2002@yahoo.co.uk Phone: +234 805 135 3152 Name: Praise Hon Position: Admin Cordinator/ Counsellor E-mail: hon.praise@yahoo.com Phone: +234 803 889 0000	North Central

3	Department of Behavioural Sciences University of Ilorin Teaching Hospital Ilorin, Kwara state	Name: Dr A.B Makanjuola Position: Consultant Psychiatrist E-mail: makanju2@yahoo.com Phone: +2348034990495	North Central
4	Drug Treatment and Rehabilitation Ward Federal Neuropsychiatric Hospital Baga Road, Maiduguri	Name: Dr Abdulmalik JO Position: Consultant Psychiatrist E-mail: jfutprints@yahoo.com Phone: +2348027617689 +2348073839840	North-East
5	Drug and Alcohol Treatment, Education and Rehabilitation Unit Federal Neuropsychiatric Hospital Barnawa, Kaduna State	Name: Dr. Ebiti, Nkereuwem William Position: Head of the unit E-mail: bill_ebiti@yahoo.com Phone: +2348057741046	North-West
6	Department of Psychiatry Nnamdi Azikiwe University Teaching Hospital, Nnewi , Anambra State	Name: Richard Uwakwe Position: Consultant Psychiatrist. E-mail: ruwakwe2001@yahoo.com Phone: +234 803 550 4931	South-East
7	Drug ward Federal Psychiatric Hospital Calabar	Name: Owoidoho Udofia Position: Consultant psychiatrist E-mail: udofia@nmpcn.edu.ng Phone: +2348037147245	South-East

UN System

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