How UNODC assists Member States in implementing the UNGASS Outcome Document on drug prevention and treatment

Ms. Giovanna Campello
Prevention, Treatment and Rehabilitation Section

And the 2030 agenda

3.5 Strengthen prevention & treatment

16.1 Reduce violence & 16.2 Eliminate violence to children
And the 2030 agenda

Two main ways, in close collaboration with WHO and other UN agencies

• Summarize the science
• Pilot evidence-based initiatives
Prevention of drug use
Inclusive
100+ experts from 47 countries

Scientific
Semplified scientific process

600 studies collected
From the systematic review and from the experts

329 systematic reviews selected
Assessing the prevention effectiveness of strategies

70 systematic reviews
of good quality

Theory of change based on information

More information about danger of drugs

Higher perception of risk

Less youth will use drugs
Perception of risk important, but not the only factor

Vulnerability factors
Inequality
Bellis et al.

Adverse child experiences associated to substance abuse
Higher income individuals with 4 or more ACEs: 4%
Lower income individuals with 4 or more ACEs: 12%

Vulnerability factors summarised

Drug use
Poverty
Violent environment
Difficult temperament or mental health disorders
Easy access to substances
Poor opportunities for education
Poor parenting
What is the common thread here?

• Out of the control of the individual

• Active since an early age

• ‘Spread around’ in many settings
Early childhood education

*Campbell et al., 2002*

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**Priority suggestions**

- Get and keep children in school
- Personal & social skills education
- Tobacco & alcohol regulations
- Family skills
- SBIRT
- Services for pregnant women
- Workplace prevention
- Mental health services for children, youth and adults, including treatment of drug use disorders

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United Nations Office on Drugs and Crime
What we do in prevention

- Get and keep children in school
- Personal & social skills education
- Tobacco & alcohol regulations
- Family skills
- Services for pregnant women
- Workplace prevention
- Health, human-rights and science-based drug control system, ensuring access whilst preventing diversion
- Mental health services for children, youth and adults, including treatment of drug use disorders

Help parents be better parents

www.unodc.org/listenfirst
Also effective in very difficult situations – Syrian refugees in Lebanon

Effective against youth violence, child maltreatment and to support development
Benefits girls as well as boys!

27 countries currently engaged
Example of results of pilots – FAST*

* Kazakhstan/ Kyrgyzstan/ Tajikistan/ Turkmenistan

McDonald et al. Social Work & Social Sciences Review; 2013, 16(2): 51-75

SFP 10-14 adaptation - Parents
SFP 10-14 adaptations- Youth

[Bar chart showing data]

F.A.S.T. Pre-post changes on family indicators per pilot site

[Bar chart showing data]

Significance:
* p<0.1
** p<0.05
UNODC Global Family Skills Initiative:
Outcome evaluation in Central Asia of Families and Schools Together (FAST) multi-family groups
Lynn McDonald and Taghi Doostgham1

An Exploration of Parents’ Perceptions and Beliefs About Changes Following Participation in a Family Skill Training Program: a Qualitative Study in a Developing Country
Andijona Mejia, Fiona Uphb, and Rachel Calen

A Pilot Randomized Controlled Trial of a Brief Parenting Intervention in Low-Resource Settings in Panama
Andijona Mejia, Rachel Calen, and Matthew R. Sanders

The Strengthening Families Program 10–14 in Panama: Parents’ Perceptions of Cultural Fit
Andijona Mejia, Fiona Uphb, and Rachel Calen
The University of Manchester
We are creating programmes that are light and in the public domain to help you go to scale.

Personal and social skills

2 evidence-based programmes, plus a new programme in sport settings!
Relative pre-/ post- difference (Δ%) in the prevalence of USAGE OF MARIJUANA - Montenegro

The Δ% is calculated using the difference between the initial and final prevalence in each group, that is, how much the specific indicator increased during the study period in both groups. It is not the prevalence of the indicator in the year.

Treatment, health care, social protection and rehabilitation services for people with drug use disorders
Globally limited access to any drug dependence treatment (1:6)

247 million people used drugs in the past year

29 million suffer from drug use disorders
but only 1 in 6 people with drug use disorders is in treatment

Particularly serious situation for women with drug use disorders

Even though one out of three drug users is a woman,
only one out of five drug users in treatment is a woman.
Quality?

Stop human rights violations in the name of drug dependence treatment

- [picture of patient chained]
International Standards for the Treatment of Drug Use Disorders

A variety of treatment options in many different settings
Australian Treatment Outcome Study (Teesson et al., Addiction, 2015)
Pharmacological treatment with opioid agonists decreases overdose rates

Schwartz RP et al. (2013)

Treatment costs by modality

Figure 1
Costs of drug abuse treatment in the USA per person, per year
(United States dollars)
Public health principle

Outpatient treatment
Photo: Nick Danziger 2015 for UNODC/WHO

• [picture from treatment centre]
Evidence-based pharmacological treatment

Photo: Nick Danziger 2015 for UNODC/WHO

• [picture from treatment centre]

Evidence-based psychosocial treatment

Photo: Nick Danziger 2015 for UNODC/WHO

• [picture from treatment centre]
Family support & community cohesion  

- [picture from treatment centre]  
- [picture from treatment centre]  

...there should be no wrong door, no punishment of relapse
We are in more than 30 countries around the world, together with WHO

We train people on how to deliver better treatment

- [picture from treatment centre]
We train people on how to deliver better treatment

- Screening, brief intervention and referral
- Pharmacological treatment
  - PROTOCOL for methadone maintenance therapy for Afghanistan: low resource
- Psychosocial treatment (Brief Intervention, Cognitive Behavioural Therapy, contingency management, etc.)
- Management of treatment services

We support Member States in piloting new initiatives – Overdose prevention

Feasibility study in 4 countries open to all to join!!!
We are creating a new family therapy model – Low-resource setting!

We are looking to trial pharmacological treatment of stimulants

- [picture of cocaine]
- [picture of crystal meth]
Chapter 4. Cross-cutting issues
See you the day after tomorrow!

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<thead>
<tr>
<th>[picture of adolescents]</th>
<th>Women, including pregnant women</th>
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<tr>
<td>Children and adolescents</td>
<td>[picture of pregnant women at health centre]</td>
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<tr>
<th>[picture of group therapy]</th>
<th>Treatment as an alternative to inprisonment</th>
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<tr>
<td>Quality assurance of treatment services and systems</td>
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Thank you!