Creative Approaches to Strengthening the Rule of Law through Education: Good Practices from around the World

A presentation by
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The standard and conditions of learning in these areas are horrible
Convoluted Ideologies Masked as Religious Idealism

Insurgence has been in the picture for years and it has greatly affected the girl child.
Farmer Herdsmen Clashes, Fulani Banditry- An Ecological Problem affecting Education
High Level Women Advocates
Drive against Malnourishment
Education through Sports and Culture
Drop In Centre
Reward and Appreciation
Over the years, the use of school cancer clubs to increase awareness on cancer and other NCDs has proven effective.
Impact of Agricultural Revolution on Youth in Kebbi State
Prison: Minor offenses
Structured Play
Cancer Education

Founder’s Message

Medialford Cancer Foundation (MCF) has been at the forefront of cancer advocacy in Nigeria since its inception 15 years ago. One of the objectives of the Foundation is to create awareness amongst our people on Cancer and dispel wrong myths about the disease. A well-tempered comb of high literacy rate and cultural impression remains a challenge. To achieve this, the Foundation’s advocacy program focuses on the education of global Cancer stakeholders on the importance of early detection to save lives.

Operating in such a setting that is not only resource constrained but with little or no health awareness on cancer makes our task greater. Consequently, improving the understanding of the public on Cancer is a great need.

This hand book, ABC of Cancer, is one of such efforts. It employs the use of cancer awareness tools and guidelines to engage the public and equip them with the knowledge they need to make healthy lifestyle decisions and to recognize Cancer signs early. This way, they can take pro-active control of their Health.

A great need at commitment, hard work and compassion has gone into the development of this hand book – it is a not-for-profit resource, and part of the Foundation’s ongoing effort towards Cancer Awareness Education and Prevention Programme in Nigeria.

As the lead hand of Medialford Cancer Foundation, I urge the hand of destruction and devastation that Cancer impose to be warded. I have no option then to keep fighting to change the current. We will continue to work hard to create awareness and spread hope. We want the public to take the lead responsibility to promote cost effective methods of early detection in order to improve health outcomes on this hand book.

Dr. Zainab Shinkafi Bagudu

Cancer Education

Symptoms of Cervical Cancer

There are a number of symptoms that may indicate early stages of cervical cancer. They include:

- Pelvic pain
- Discharge
- Infection
- Vaginal bleeding
- Abnormal vaginal bleeding
- Not menopausal
- Painful menstruation/carcinoma

Breast Cancer

Breast cancer starts when the breast begins to grow out of control. The cells usually spread in a tumour that can often be seen or felt once it has grown and is large enough for the breast to be felt. The breast is made up of many small glands and the tissues that surrounds these glands. The breast is made up of glands that produce milk. The breast tissues can grow into surrounding tissues.

Breast cancer affects almost entirely in women, but 1% of men can also get breast cancer.

Signs of Breast Cancer

- Nipple changes around the nipple
- Lump in the breast
- Redness/Breast
- Redness/Nipple
- Sterility

Relaxation of the nipple
- Lump in the breast
- Redness/Breast
- Sterility