Conflict pyramid diagram

Stop
When extreme violent situations occur, the violence must end before conflict resolution can begin

Help
Sometimes conflicts need outside help to be resolved. A third party or mediator may be needed so that the parties can restart constructive communication with each other

Conflict management
Conflicts can be resolved by the parties negotiating with each other. Despite supportive environments, conflicts can still occur. Conflicts can be managed in a constructive way to promote the growth of individuals, groups, institutions and communities. Destructive outcomes lead to violence and even more conflict

Prevention
Conflicts can be prevented by supportive school, home, community and societal environments. Supportive environments are ones that respect and support human rights, gender equality, transparency, access to information and the rule of law