



TERMS OF REFERENCE

Consultancy to Provide Training on Cognitive-Behaviour Therapy and Motivational Interviewing Therapy to Counsellors of National Drug Agency

Consultancy Title:	International Consultant to Provide Cognitive-Behaviour Therapy and Motivational Interviewing Therapy Training
Location:	Male', Maldives
Supervisor:	National Project Coordinator, UNODC
Application Deadline:	13 December 2012
Duration of Contract:	3 weeks in January 2013 (estimate)

Organizational Context and Background

The United Nations Office on Drugs and Crime (UNODC) is the UN lead agency in the fight against illicit drugs, international crime and terrorism in virtue of the UN conventions and universal instruments in this regard. The UNODC Regional Office for South Asia is located in New Delhi covering six countries of the region: India, Bangladesh, Bhutan, the Maldives, Nepal and Sri Lanka. Its current technical cooperation projects relate mainly to drug control (with a focus on drug abuse prevention and treatment and its nexus with HIV/AIDS) and the prevention and human trafficking and victim support.

UNODC in partnership with the Government of Maldives is supporting a project titled "Strengthening the national response to drug use in the Maldives" (MDV K30), which is funded by the European Union. The project of designed to strengthen the national response on drug use prevention and treatment. The project will provide support for strengthening the technical capacity for the coordination and management of drug prevention, treatment and care programmes in the country. The project will also strengthen the civil society capacities to conduct preventive programmes and to improve access to aftercare and support services

National Drug Agency (NDA) is one of the key partners of this project. NDA was recently formed as part of the new Drug Act (17/2011), and entrusted to undertake and oversee the national response to the drug problem in the Maldives. The main functions of NDA are to regulate and monitor the implementation of all programmes within the purview of the drug law. In order to assist NDA better prepare and plan for the mandated responsibilities and help the, UNODC will support the GoM to strengthen intervention programmes including residential and community based psychosocial intervention programmes, relapse prevention and re-integration initiative for recovering drug users and their significant others and family completing structured treatment. As part of this support in October 2012 an eight day workshop on effective drug counselling and clinical supervision skills was conducted for NDA counsellors to improve their skills level. During post-evaluation, workshop participants expressed the need to receive more opportunities to learn evidence-based counselling skills and techniques and to practice the learned skills and techniques. A post-training recommendation made by the instructor was to conduct a follow-up visit or a booster/refresher training within approximately 3 months following the initial training workshop to address/discuss issues encountered after all trained

personnel have gained some preliminary, first-hand experience in clinical supervision and counselling skills learned.

In order to address the needs expressed by the NDA staff, UNODC is supporting a booster training in cognitive behaviour therapy (CBT) and Motivational Interviewing Therapy (MIT) skill. CBT and MIT are acknowledged to have comparatively strong empirical support for treating drug addiction. Most importantly CBT and MIT have been found to be effective to help people with drug addiction problems remain abstinent, modify their attitudes and behaviours related to drug abuse, and increase their life skills to handle stressful circumstances and environmental cues that may trigger intense craving for drugs and prompt another cycle of compulsive abuse.

UNODC is seeking an external trainer or consultant to provide a short term training in addiction treatment and evidence based approaches such as CBT and MIT, to counsellors of NDA.

Objectives

- To provide training for NDA counsellors to deliver structured interventions based on detailed treatment plans and supported by evidence.
- Enhance NDA counsellors' knowledge in evidence-based treatments, and
- Provide an opportunity to practice evidence-based counselling skills and techniques under the supervision of an expert.

Scope of Work

The overall scope of work is to conduct a training workshop in addiction treatment and evidence based approaches such as CBT and MIT, to counsellors of NDA.

Under the direct supervision of UNODC Maldives Project Coordinator and with technical guidance and oversight provided by the UNODC Programme Office Maldives, the incumbent should carry out the following outlined tasks:

1. Develop a training outline for the workshop on CBT and MIT and other evidence-based intervention programmes.
2. Prepare and facilitate the training (approximately 10 days)
3. Submission of training materials and workshop report

Deliverables and Outputs

Deliverables of Specific deliverables include:

- Submission of an outline of the proposed training
- 10 day (aprox) training workshop on CNT and MIT conducted for NDA counselors
- Submission of training materials
- Final workshop report

Competencies:*Educational Qualification, skills and Experience:*

- Postgraduate/ Masters degree or equivalent qualification in public health, medicine, psychology or other related areas with at least two years of related experience at the national or international level,
- Bachelors degree or equivalent in public health, medicine, psychology or other related areas with at least four years of related experience at the national or international level can be considered in lieu of the postgraduate qualification
- Proven expertise and knowledge in demand reduction and/or HIV/AIDS prevention and treatment and related health areas

Knowledge and Skills:

- Specific expertise and skills in CBT/MIT skills and prior training experience is essential
- Professional experience of working with multicultural contexts on substance use and HIV-related programmes, prior experience in providing technical expertise in intervention and related areas will be an advantage.

Payment Modality:

Payment is based on completion on installments and related to deliverables, and is linked to satisfactory performance of the established deliverables in the TOR.

Application Procedure:

Applications can be submitted to UNODC email: mirfath.ahmed@unodc.org and cc to abdul.malik@unodc.org (with the subject title of the consultancy) OR forwarded under confidential cover to the "UNODC, UN Building, Male', Maldives" with the following:

- Letter of expression of interest, and proposal (a financial proposal and a brief description of the process)
- CV
- Recommendation letters
- Copies of tertiary level academic certificates
- Copy of National ID card
- Completed P11 forms - P11 forms can be downloaded from <http://www.undp.org.mv>.

Only complete applications (with signed P11 forms) will be accepted, and interviews will be granted only to short- listed candidates. The organization will contact shortlisted applicants.