Lions quest
Skills for Adolescence in Croatia

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Education and Teacher Training Agency

- Public institution responsible for the provision of professional and advisory support in the area of general education in Croatia
- Founded in 1874
Elementary and high school preventive strategy

- Development of preventive programs is obligatory for Elementary and high schools in Croatia.

Preventive strategies entail preventive programs and activities, and are based on individually estimated school’s needs.

- The programs we are implementing are age specific and appropriate.

- The schools are implementing a great amount of so called “promising programs”, industry recommended programs and evaluated programs.

  - We aim to implement programs that are scientifically proven to be effective.
LQ – Skills for Adolescence

- proof-based SEL programs
- scientifically evaluated to be effective
- amongst 6 best rated SEL programs in the world (CASEL institut)
- supported by the Stanford University
LQ – Skills for Adolescence is being implemented in these countries
The implementation process in Croatia

November 2018. Belgrade

All participants met in Zagreb, on September 6th 2019.

The preparation for the implementation


The first evaluation step - a pretest

Start of implementation November 2019.

UNODC covers all costs of the first implementation
What do we see?
Broken homes, high-risk environment...

- Alcohol
- Drug abuse
- Agressiveness
- Self harm
- Delinquency
- Addiction patterns
- Risky sexual behaviors

Prevention

Social-emotional skills

- Anxiety
- Depression
- Phobias, peer pressure
- Crisis, lack of self consciousness, lack of self respect
- Broken homes, high-risk environment...

...
ADOPTED SE SKILLS HAVE A POSITIVE IMPACT ON THE FOLLOWING

MENTAL HEALTH

GROWTH AND DEVELOPMENT

ACADEMIC SUCCESS
New generation

- Skills for Adolescence is designed to respond to the changing world of children and their families by helping to create the meaningful experiences, opportunities and relationships children need in order to become caring, capable and contributing members of society.
The LQ SA program is addressing the following

- basic life skills
- character development
- prevention of behavior disorders
- relationship-centered learning community in the classroom and school

It is compatible with all Croatian documents
Program guide - Units

- Entering the Teen years: The Journey of Adolescence (5 lessons)
- Building Self-Confidence and Communication Skills (4 lessons)
- Managing Emotions and Positive Ways (5 lessons)
- Improving Peer Relationships (2 lessons)
- Making Healthy Choices (14 lessons)
- Setting Goals for Healthy Living (3 lessons)

- Developing your Potential - Summing up- (1 lesson)
First Follow Up Session

- Osijek, March 3 2020
added values

- group management techniques
- new student-bonding activities
- made their workshops skills stronger
- they learned new activities that have a positive impact on concentration and motivation
Implementation of LQ SA programs

5 cycles of Education September-October 2019.

90 elementary school teachers qualified for the program implementation.

During the education supervised by Marianne Janson, two national trainers (and ETTA senior advisors) got elected.

The implementation started with 1,400 students 2019-2021.

The programs are being evaluated and further adjusted to the Croatian school system.

New round of education is planned for July 2020, it shall include 36 teachers and be managed by national trainers and senior ETTA advisors.