

**YOU OFTEN DON'T KNOW  
WHEN YOU GET ADDICTED**



**SO DON'T EXPERIMENT**

**YOU OFTEN DON'T KNOW  
WHEN YOU GET ADDICTED**



**5. YOU OFTEN DON'T KNOW WHEN YOU GET ADDICTED.  
SO DON'T EXPERIMENT.**

Nobody uses drugs in order to become dependent on them. Drug abuse is a progressive illness and you often don't know when you get addicted. You may begin by experimenting to feel good, to belong, to de-stress or feel more mature. People may sometimes feel that they are in control of their drug habit. But in reality, they are not. If you value your independence, don't allow yourself to become dependent on drugs.