



I have my own style.
I create my own vision.
I don't do drugs.



I decide.

Types of Drugs

What is a drug?

Any substance, which when taken to modify perception, mood, cognition, behaviour or motor function, is called a drug. A need for repeated doses of the drug to feel good or to avoid feeling bad is a sign of dependence. The reduced effect of a drug following repeated administrations, resulting in the need to take more of it in order to have the same psychoactive effect, is called tolerance and the unpleasant physical symptoms which can result from stopping taking certain drugs, are known as withdrawals. (WHO)

**Smack; brown sugar;
Thai white, junk; Pudia;
Saman; Gard**

Heroin

It is

- ▶ A powerful depressant.
- ▶ Very addictive.
- ▶ Also known as smack, brown sugar, Thai white, 'Pudia', 'Saman' and junk.
- ▶ Often mixed with a range of psychoactive substances including benzodiazepines, barbiturates, methaqualone and caffeine.



Injectable Heroin

Why

- ▶ For a sense of wellbeing by reducing tension, anxiety and depression.
- ▶ Produces a sense of euphoria, warmth, contentment, detachment from emotional and physical distress.



Brown Sugar

How

- ▶ Heroin is available on the streets in this part of the world for Rs. 200-300 per gram or Rs. 40 – Rs. 50 per "quarter").
- ▶ It is either inhaled ("chasing the dragon") or injected.
- ▶ The average dose is 3 – 4 "quarters" or about 1 gm.
- ▶ The initial euphoria lasts 10-15 minutes and the overall effect lasts for 6 – 10 hours.
- ▶ Each time it is used, you require greater doses to produce the same effect.

It does

- ▶ Withdrawal (i.e., when the drug is not available to an addict) causes nausea and vomiting, sweats, running nose, excessive tears from eyes, shakes, sleeplessness, and muscle cramps, pains and aches all over the body.
- ▶ Life can become an endless cycle of seeking money, procuring the drug ("scoring"), and using.
- ▶ Causes drowsiness, inability to concentrate, apathy and loss of sex drive.
- ▶ Risk of overdose is high resulting in death due to respiratory suppression.
- ▶ If contaminated injecting equipment is shared, it can lead to infectious diseases (e.g., HIV/AIDS).
- ▶ Malnutrition and extreme weight loss.

Blow; coke; snow
(cocaine); rocks
(crack); Charlie

Cocaine & Crack

It is

- ▶ Cocaine is a powerfully addictive drug.
- ▶ It is impossible to predict the level of dependence which will develop following first use, but no matter how you use it you are likely to become psychologically addicted.
- ▶ Cocaine (at Rs. 2,500-3,000 per gram) is a white powder.
- ▶ Crack is cocaine that has been further processed with ammonia or baking soda so that it can be smoked. Crack looks like small flakes or rocks.
- ▶ Both produce a very intense 'rush', which lasts for only 15-20 minutes.

How

- ▶ Sniffed or snorted: absorbed into the nasal tissues and then into the bloodstream.

Helplines

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