

# Preventing Amphetamine-Type-Stimulant (ATS) Use Among Young People

## UNODC Training Workshop

### Objectives

- *Provide arguments for taking preventive action on ATS*
- *Discuss an overview of the situation with regards to ATS*
- *Provide concrete examples of ATS prevention policies*

### Program

#### Day 1

##### **Session 1 • Getting to know each other and the workshop**

08.00 – 09.00: 1 hour

*Welcome. What work is the UNODC conducting in the area of prevention? What are the aims of the workshop? Outline of the program. Housekeeping details.*

##### **Session 2 • What are ATS, who uses them and how?**

09.00 – 10.00: 1 hour

*In this session we will define ATS and we will examine different patterns of use highlighting the various reasons young people use these substances across the world and in this region/ country.*

##### **Break**

10.00 – 10.30

##### **Session 3 • Why the concern about ATS?**

10.30 – 12.30: 2 hours including a short break

*This session will examine the effects of ATS. This activity will build upon the information collected in the previous session regarding user groups and will discuss the impact that ATS may have on individuals, their families, their communities/ countries.*

##### **Session 4 • Risk and protective factors**

12.30 – 13.30: 1 hour

*We will examine the risk and protective factors that cause substance abuse, and investigate any factors that are specifically*

*related to ATS. Why do some youth use ATS and why do some communities have major problems in this area?*

### **Lunch**

13.30 – 14.30

### **Session 4 • Risk and protective factors (continued)**

14.30 – 15.00: ½ hour

*See above.*

### **Session 5 • Successful approaches in preventing ATS**

15.00 – 16.30: 1 and ½ hours

*In this session we will examine a number of case studies, which have been identified as successful in ATS prevention. Participants will be asked to critically examine a number of programmes, which have been highlighted as good practices, and identify how they can be used within their jurisdiction.*

### **Break**

16.30 – 17.00

### **Session 6 • Policy to practice: making a difference**

17.00 – 18.30: 1 and ½ hours

*Participants will be asked to identify what are the crucial components of effective ATS prevention policies.*

### **End of the day evaluation**

18.30 – 19.00: ½ hour

## **Day 2**

### **Session 7 • ATS Policy development**

08.00 – 09.30: 1 and ½ hours

*Participants will be asked to incorporate all of the information that has been discussed in the training so far and create a prevention policy concerning ATS use that suits the needs of a group of young people within their jurisdiction.*

### **Session 8 • Where to from here?**

09.30 – 10.30: 1 hour

*This last session will review the work conducted in the training workshop (workshop evaluation) and discuss ways of implementing the skills and ideas into practice. Goodbyes.*