

WHY FAMILY SKILLS PROGRAMMES?

To prevent drug use, violence, crime and other negative social and health outcomes

In line and support multi agency initiatives:

1 International Standards of Drug Use Prevention
<https://bit.ly/2SIPrg2>

2 CCPCJ resolution 28/1 (Strengthening the engagement of all members of society in crime prevention)
<https://bit.ly/3gPjNLq>

3 INSPIRE initiative (Seven strategies for Ending Violence Against Children)
<https://bit.ly/3d0R4H6>

4 Helping Adolescents Thrive (Strategies to promote and protect adolescent mental health and reduce self-harm and other risk behaviours)
<https://bit.ly/3qhOHF7>



SDG 3 Ensure healthy lives and promote well-being for all at all ages

SDG 4 Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all

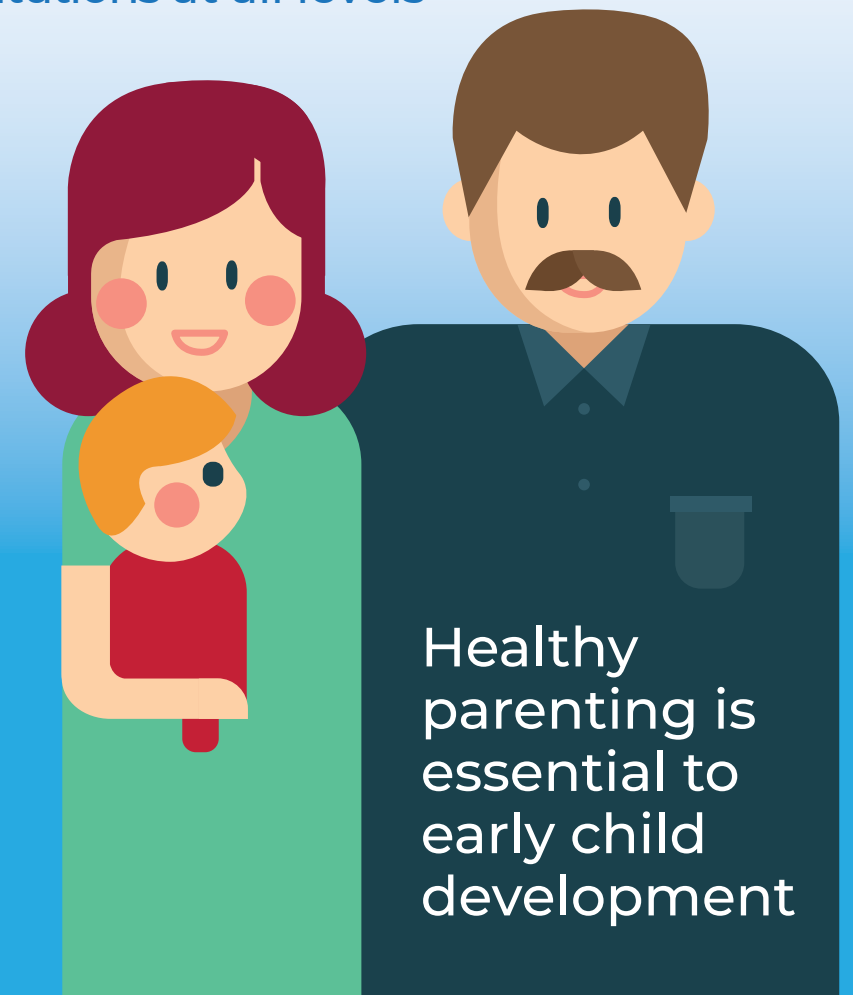
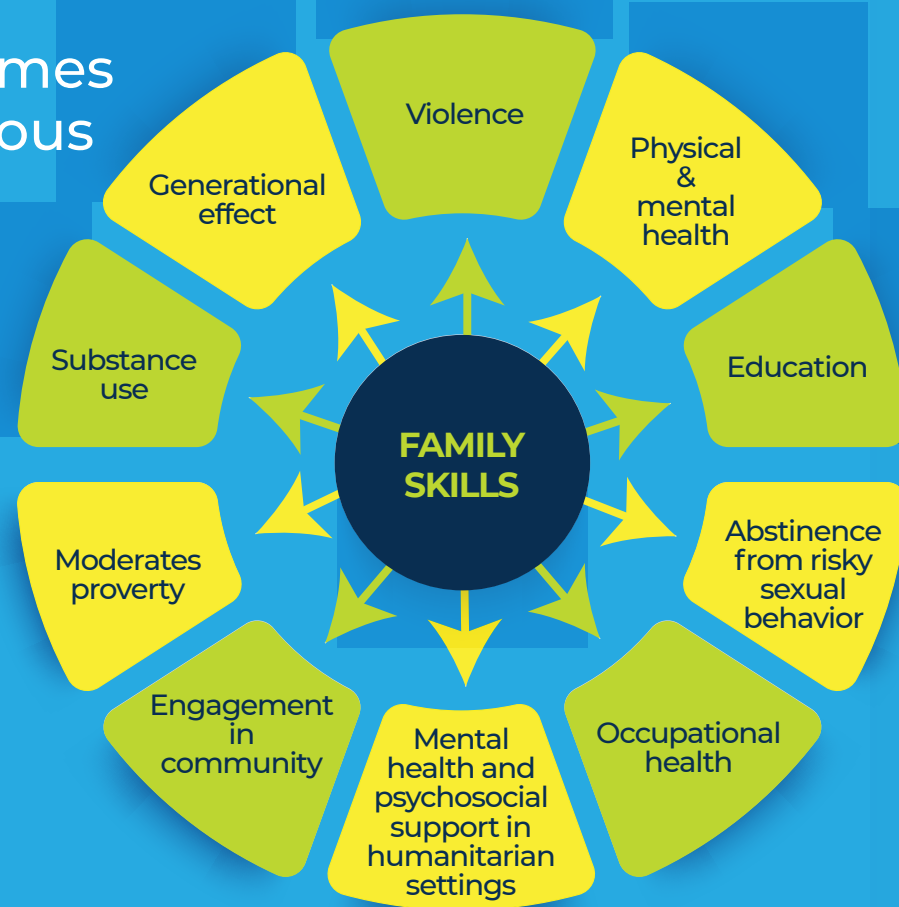
SDG 5 Gender Equality: Achieve gender equality and empower all women and girls

SDG 16 Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels

Since 2010,
45
 countries globally work on family skills or life skills in schools with UNODC



Family skills programmes have an effect on various domains



Healthy parenting is essential to early child development

UNODC developed 2 family skills programmes that are

- ➔ Suitable for low resource settings
- ➔ Brief
- ➔ Evidence-informed
- ➔ Open source (available to everyone without need to pay royalty or copyright fees)
- ➔ Cost Effective



STRONG FAMILIES:

- For families with children aged 8-15 years
- For families living in humanitarian and challenged settings
- Results from Afghanistan:
- Results from Serbia:

Haar et al. BMC Public Health (2020) 20:634
<https://doi.org/10.1186/s12889-020-08701-w>

BMC Public Health

RESEARCH ARTICLE Open Access

Strong families: a new family skills training programme for challenged and humanitarian settings: a single-arm intervention tested in Afghanistan

Karin Haar¹, Aala El-Khani¹, Virginia Molgaard², Wadiah Maalouf¹ and the Afghanistan field implementation team

<https://bit.ly/2UCA7kN>

International Journal of Environmental Research and Public Health

Article

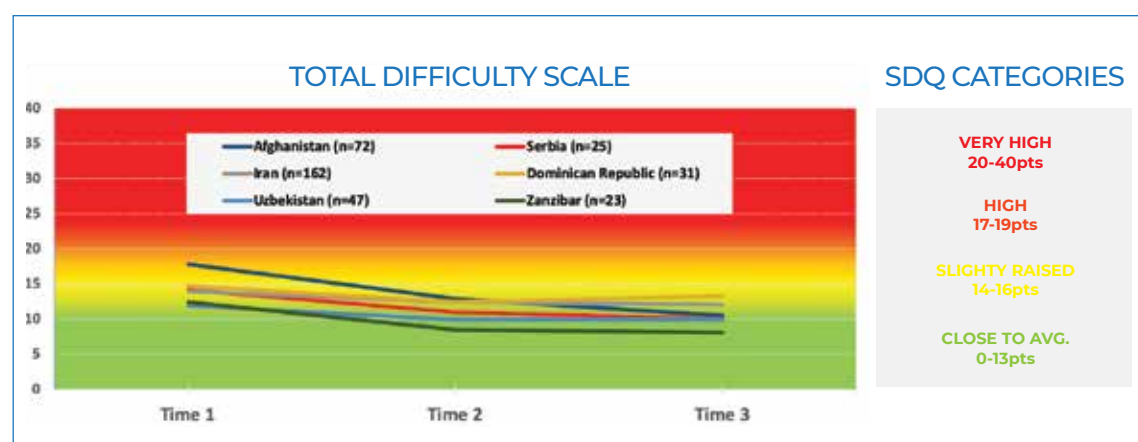
Assessing the Feasibility of Providing a Family Skills Intervention, "Strong Families", for Refugee Families Residing in Reception Centers in Serbia †

Aala El-Khani¹, Karin Haar¹, Milos Stojanovic² and Wadiah Maalouf^{1,*}

<https://bit.ly/3d9dsOu>

More results from humanitarian settings are being analysed including a pilot in Cox's Bazar, Bangladesh with Rohingya families.

Total Difficulty Score (SDQ) in 6 countries before and after taking the Strong Families programme



Brochure:

<https://bit.ly/3wVlwdv>



FAMILY UNITED:

- For families with children aged 8-15 years
- For all families
- Piloted in Bangladesh and Indonesia with encouraging results on the impact on child mental health, parenting skills and youth resilience capacities

Brochure:
<https://bit.ly/35N3bn1>