UNODC
United Nations Office on Drugs and Crime

COVID-19:

MGBASA OZI NA ỤZỌ MGBOCHI MAKA NDI NỌ N'ỤLỌ MKPỌRỌ

1 Gịnịbụ COVID-19?

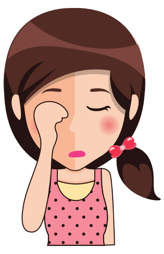
COVID-19 bụ ọrịa pụtara ọhụụ, na-esogbu iku ume mmadụ nke koronavaịrọs bụ ihe na-akpataya. Akpa gbasara ọrịaa kwuruna China ma oagbasaala n'akụkụ ụwaniile gụnyere Nigeria.

2 Ka ọrịaa si dịọjọọ

- Ihe dịka mmadụ anọ n'ime mmadụ ise ọ bụla nwere oria COVID-19 adịghị ahụtacha ihe nwere ike igosi na ha bu ya bụ ọrịa.

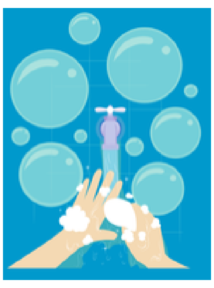
- Ndị okenye (gbarala afọ iri isi gbagote) nakwa mmadụ ọbụla na-arịa nnukwu ọrịa na mbụ dịka ọrịa Ngụ, ọrịa Obirinajaọcha, ọrịa cancer, Ụkwara nta na ọrịa amịrị bụ ndị pụrụ ịnọgide n'ọrịa a ogologo oge.

3 Ọrịa COVID-19 na-esin'aka mmadụa gbasa site n'ụzọ ndịa:



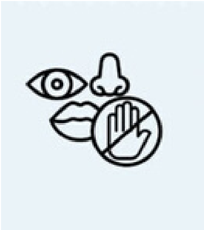
- Site na ụkwara ma ọbụ uzere nke onye-bu ọrịaa mere.
- Imetụ aka n'ihe, ma ọbụ n'ebe nye na-ebute ọrịa anọnaya site n'ụkwara ma ọbụ uzere nke onye bụ ọrịa COVID-19 mere, ma bia metụ aka n'ọnụ, n'imi, n'ihu, ma ọbụ n'anyagị etuahụ.

4 Kedụ ka ị ga-esi belata mgbasa ọrịaa n'ogbegị?



Were n'cha na mmiri kwụọ aka gị nke ọma ugborougboro ihe dịka ikọ miri abụọ mgbe ọbụla ị kwara ụkwara

E metụla aka n'ihu, ọnụ na kwan'imi gị ma ọbụrụ na ijighịnchakwọọ aka gị nke ọma

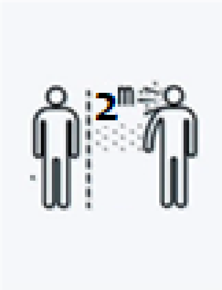


Were Sanitizer tee n'ọba aka gị ma ọ bụrụ na mmiri na n'cha adịghị iji akwọ aka

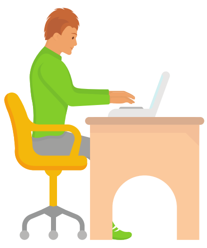
E metụla akwa (cloth) mmadụ aka ma ọbụakpụ aka (elbow) onyeahụ etumasịrịgị

Kwụsị ịna mmadụ aka ma ọbụ ịmakọ mmadụ

Kwụsị,ịbiaru onye ọbụla na-akwaụkwara ma ọbụ oyina-atụnso. Nyetụ ha obere oghere site n'ebe ị nọ.



Were tissue kpuchie imi gị mgbe ọ bụla ị kwaraụkwara ma ọbụ zieimi, tufuo ihe ahụ iji kwaaụkwara a ma ọbụ zieimi ozugbo-ozugbo ahụ



Ọ bụrụna ị na-arịaọrịa, were face mask kpuchie imi na ọnụ gị mgbe gị na ndị mmadụ nọ

5 Oge ị kwesiri iga ụlọọgwụ wụ

- Gaa ụlọọgwụ mgbe ọbụla ichọpụtara na inwere ahụ ọkụ, ma ọbụ inwere ụkwara, ma ọ bụ nhịahụikuime
- Ọbụrụ na agbata obigị na-agabịga ihendịa, mee-ngwa-ngwak pọtụrụ ndị na-elekọta ahụ ike n'ụlọmkpọrọ.