

Functional Analysis form

Antecedent Situation	<ul style="list-style-type: none">• Where was I?• Who was with me?• What was happening?
Thoughts	<ul style="list-style-type: none">• What was I thinking?
Feelings and Sensations	<ul style="list-style-type: none">• How was I feeling?• What signals did I get from my body?
Behaviour	<ul style="list-style-type: none">• What did I do?• What did I use?• How much did I use?• What paraphernalia did I use?• What did other people around me do at the time?
Consequences	<ul style="list-style-type: none">• What happened after?• How did I feel right after?• How did other people react to my behaviour?• Any other consequences?