

Functional Analysis form

Antecedent Situation	<ul style="list-style-type: none"> • Where was I? • Who was with me? • What was happening?
Thoughts	<ul style="list-style-type: none"> • What was I thinking?
Feelings and Sensations	<ul style="list-style-type: none"> • How was I feeling? • What signals did I get from my body?
Behaviour	<ul style="list-style-type: none"> • What did I do? • What did I use? • How much did I use? • What paraphernalia did I use? • What did other people around me do at the time?
Consequences	<ul style="list-style-type: none"> • What happened after? • How did I feel right after? • How did other people react to my behaviour? • Any other consequences?