## A Side Event of the 64<sup>th</sup> Session of the Commission on Narcotic Drugs - 2021

A new paradigm of Addiction Recovery A model of hope for overcoming the challenge in Drug treatment recovery

The side event will discuss the success of innovative approach of mindfulness based therapies incorporated in drug treatment recovery programme of Sri Lanka as a new strategy with scientifically proven results. The new paradigm of approach will establish cost effective and stable addiction recovery by significantly reducing pain at the withdrawal stage, the relapse rate, drug cravings addressing root causes of the drug addiction.

> 14<sup>th</sup> April 2021 13.10 pm - 14.00 pm (CET) Email: <u>mindfulness@nddcb.gov.lk</u> Website : www.nddcb.gov.lk/mindfulness/



Organized by National Dangerous Drugs Control Board of Democratic Socialist Republic of Sri Lanka in collaboration with the

Embassy and the Permanent Mission of Sri Lanka in Vienna

