



LISTEN FIRST PRESENTS

SUPER SKILLS

THE EMOTION CLOCK

Our four heroes are playing - bouncing a "superball" with eyes, folding a paper airplane, smelling flowers, and twirling a whirligig toy. But suddenly, they each lose their toys and experience feelings of sadness, disgust, and fear. The Emotion Clock helps them mirror and regulate their emotions, and they learn to shift to a positive state, cope with both success and failure, and reunite with their objects.

GROW YOUR SUPER SKILLS!

STARRING



AND FEATURING The Emotion Clock and... Self-Management, Self-Awareness, Shifting Understanding, Responsibility, Acting from Strength - and Real Children worldwide.

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Super Skills promotes social and emotional learning as a foundation fo

Filmed in Skilltown 3D - the magical place where anything can happen and every young person can learn what really matters!

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FIRST**



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UNODC

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