



The Doha Declaration:  
**PROMOTING A CULTURE  
OF LAWFULNESS**



**Creative Approaches to Strengthening  
the Rule of Law through Education:  
Good Practices from around the World**

A presentation by

**Dr. Zainab Shinkafi Bagudu**

First Lady, Kebbi State

Founder/CEO, Medicaid Cancer Foundation



# Paucity of Learning Environment



The standard and conditions of learning in these areas are horrible

# Convoluting Ideologies Masked as Religious Idealism



Insurgency has been in the picture for years and it has greatly affected the girl child



# Farmer Herdsmen Clashes, Fulani Banditry- An Ecological Problem affecting Education



# High Level Women Advocates



# Drive against Malnourishment



# Education through Sports and Culture

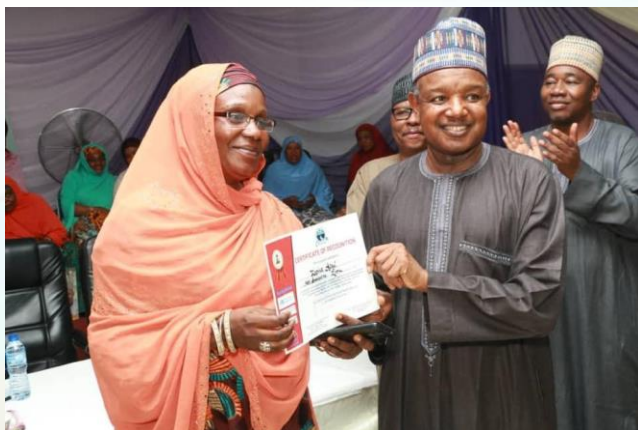


# Drop In Centre





# Reward and Appreciation



# Cancer Awareness through School Clubs



Over the years, the use of school cancer clubs to increase awareness on cancer and other NCDs has proven effective



Our School Awareness Programme

# Impact of Agricultural Revolution on Youth in Kebbi State



# Prison: Minor offenses



# Structured Play



# Cancer Education



## Founder's Message

Medicaid Cancer Foundation (MCF) has been at the forefront of cancer advocacy in Nigeria since its inception 10 years ago.

One of the objectives of the Foundation is to create awareness amongst our people on Cancer and dispel wrong myths about the disease. A lethal combination of high illiteracy rate and cultural misconceptions remains a big problem for us in Africa's Low-Middle Income Countries (LMICs) where 60-70% of global Cancer deaths occur and the figure is expected to rise further by 2025.

Operating in such a setting that is not only resource constrained but with little or no health insurance cover makes our task greater. Consequently, improving awareness becomes a low hanging easy to pick fruit.

This handbook, ABC of Cancer, is one of such efforts. It employs the use of cartoon characters and illustrations to engage our young ones and equip them with the knowledge they need to make healthy lifestyle decisions and to recognize Cancer signs early. This way, they can take pre-emptive control of their health.

A great deal of commitment, hard work and compassion has gone into the development of this handbook – It is a not-profit resource; and part of the Foundation's ongoing School Advocacy, Education and Prevention Programme in Nigeria.

As the key lead of Medicaid Cancer Foundation, I see the first-hand destruction and devastation that Cancer leaves in its wake. I have no option than to keep fighting to change the narrative. We will continue to work hard to create awareness amongst the youth, rural populations, dialogue with policy makers and promote cost effective methods of early detection in order to improve health outcomes across board.

**Dr. Zainab Shinkafi Bagudu**  
C.E.O Founder Medicaid Cancer Foundation  
 September 2019

## Symptoms of Cervical Cancer

There are a number of symptoms that may indicate early stages of cervical cancer, they include:

- Pelvic Pain
- Tiredness
- Bowel movements
- Abnormal vaginal bleeding
- Unusual vaginal discharge
- Pain during sexual intercourse.

Ignoring symptoms may allow the cancer to grow to a more advanced stage, thus lowering chances for effective treatment.

## Breast Cancer

Breast cancer starts when the breast begins to grow out of control. The cells usually form a tumour that can often be seen on an X-ray or felt as a lump. The tumor is malignant (cancerous) if the cells can grow into surrounding tissues.

Breast cancer occurs almost entirely in women, but 1% of men can also get breast cancer.

### Signs of Breast Cancer

- Texture changes around the nipple
- Redness/Rash
- Nipple discharge
- Retraction of the nipple
- Lump in the breast
- Bloody discharge